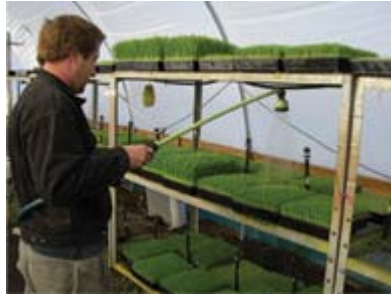


Certified Organically Grown Wheatgrass



Currently Organically Grown is the sole provider of certified Organic Wheatgrass (reg. #3626) in Victoria. They can be ordered and picked up through all organic grocery stores.

Wheatgrass is also available every day from Bio Dynamic Marketing at the Melbourne Market.

Organically Grown can also provide you with manual or electric juicers suitable for wheatgrass at the cheapest price.

Nutritional Information

Improve your health. Drink 30ml per day of Wheatgrass (juiced).

Wheatgrass is a young sprouted wheat 1-2 weeks of age. Due to its fibrous nature, Wheatgrass is indigestible and needs to be juiced. 30ml of freshly squeezed Wheatgrass juice is equivalent in nutritional value to 1kg of leafy green vegetables.

Nutritional Benefits

- Contains enzymes which help digestion and has anti-tumour properties.
- Contains Vitamin C and D
- Detoxifies the liver

Health Benefits

- Fights infections and improves the body's ability to heal wounds
- Helps eczema or psoriasis
- Helps eliminates body odours
- Is non-allergenic
- Aids in the prevention of cancer and tumours
- Great for constipation
- Helps improve diabetes or blood sugar disorders
- Stops growth of unfriendly bacteria
- Neutralises high blood pressure
- Increases healthy tissue growth
- 70% chlorophyll and increases red blood cells
- Complete protein source of amino acids absenismic and alanine
- Arginine, aspartic acid, glutamic acid, glycine, leucine, lysine and valine